Tuesday 1st September 2026

Dear Parents/ Carers

Bikability for Year 6- Monday 21st – Friday 25th September 2026.

We are extremely lucky to be able to offer Year 5 the opportunity to work on Level 2 with the Bikability Trust. The Bikability Trust work with schools to deliver a progressive programme to ensure that all children can ride bikes safely.

Year 6 children will be taking part in this on **Monday 21st – Friday 25th September 2026, during the school day**. There is no cost for this event. There will be a Learn to Ride session on Friday 25th September for those children who do not know how to ride.

The children will continue from last year, if they took part in Level 1, they will cover Level 2 and those that completed Level 2 will briefly recap Level 2 and then move on to Level 3.

Level 2 teaches children how to grow more confident with each turn of the pedal. The expert instructors will lead riders onto quiet roads, to experience "real" cycling. Level 2 can feel like the biggest step for both you and your child – it's cycling on the actual road! But with our instructors on hand, your child will feel confident and safe in no time at all. It teaches the children the following:

Start and stop with more confidence

Pass stationary vehicles parked on a road

Understand the road: signals, signs and road markings

Negotiate the road: including quiet junctions, crossroads and roundabouts

Share the road with other vehicles

Level 3 teaches children more advanced skills, including how to:

Use the best riding position for any situation.

Ride alongside other cyclists.

Ride on more complex roads. This might include busier roads, more complicated junctions or faster roads with speed limits above 30mph.

Negotiate more complex roads. For example, junctions controlled by traffic lights, multi-lane roads or cycle lanes.

Respond confidently when a situation changes. For example, when a vehicle pulls out in front of you.

The Level 3 course will take the children off the estate and down towards The Cornerstones Academy with the view to get them familiar with this route as many of the children will be riding that way next year.

It is hoped that all children in Year 6 will take part in this. They also run sessions for non-riders to develop their confidence and to learn the basics required to successfully ride their bike.

There are a small number of bikes that are available for the children to borrow if they do not have their own, although using their own is preferred where possible. They are also able to carry small repairs if a child has their own bike which isn't running properly.

Children will need to bring their bikes to school on the day, where they will be kept in the bike racks. You will be notified nearer the time which day your child needs to bring their bike to school. They will only need it for one day.

Parents are asked to either complete the online form by clicking the link below, using the QR Code or by completing the attached paper form.

All forms need to be returned by **Wednesday 16th September 2026.**

Bikeability Link

Bayside Academy-POOLE

If you have any questions, please do not hesitate to contact the school office or have a look the Bikability Trust website: Cycle Training for Everyone - Deliver Safer Training | Bikeability

Thank You



Karen Hayes

Personal Development Lead